



18-20 OCTOBER 2024

SPECTATOR GUIDE

#MakeHistory



We would like to wish your athlete **good luck** on her/his race!

Please **read** the following guide carefully, it's your **go-to resource** for all event details!

EVENT SCHEDULE

🏠 Friday 18 October 2024

10:00 - 21:00	IRONMAN Expo & Merchandise Store	Nea Makri Beach
10:00 - 21:00	Information Point	Nea Makri Beach
10:00 - 21:00	Registration ΔEH IRONMAN® 70.3®, 4:18:4 & IRONKIDS	Nea Makri Beach
10:00 - 18:00	Registration Aurora Night Run Marathon	Nea Makri Beach
19:00 - 20:00	Aurora Night Run Marathon	Nea Makri Beach

🏠 Saturday 19 October 2024

09:00 - 19:00	IRONMAN Expo & Merchandise Store	Nea Makri Beach
09:00 - 19:00	Information Point	Nea Makri Beach
09:00 - 16:00	Registration ΔEH IRONMAN® 70.3®, 4:18:4 & IRONKIDS	Nea Makri Beach
09:30 - 13:00	HERRCO IRONKIDS Marathon	Nea Makri Beach
10:00 - 18:00	Bike Check-in (Transition Zone)	Shinias Olympic Rowing Centre
13:30 - 14:00	ΔEH IRONMAN® 70.3® Marathon, Greece Race Briefing (Greek)	Nea Makri Beach
14:30 - 15:00	ΔEH IRONMAN® 70.3® Marathon, Greece Race Briefing (English)	Nea Makri Beach
16:00 - 16:30	4:18.4 Race Briefing	Nea Makri Beach

🏠 Sunday 20 October 2024

05:30 - 07:30	Transition Zone Open	Shinias Olympic Rowing Centre
07:00 - 19:00	Information Point & Lost and Found Area	Nea Makri Beach
07:40 - 09:40	Start 4:18:4 Marathon (Rolling Start)	Municipality of Marathon
08:00 - 08:30	Start ΔEH IRONMAN® 70.3® Marathon, Greece (Rolling Start)	Moraitis Beach
09:40	Race Cut-Off ΔEH IRONMAN® 70.3® Marathon, Greece	
10:00 - 18:00	IRONMAN Expo & Merchandise Store	Nea Makri Beach
11:30 - 13:00	Expected First Finisher & Flower Ceremony ΔEH IRONMAN® 70.3® Marathon, Greece	Nea Makri Beach
13:00 - 13:30	Awards Ceremony 4:18:4 Marathon	Nea Makri Beach
14:00 - 18:00	Bike Check-Out/ Pick-Up from Transition Zone	Shinias Olympic Rowing Centre
17:00	Race Cut-Off ΔEH IRONMAN® 70.3® Marathon, Greece	Nea Makri Beach
18:00 - 19:00	Awards Ceremony ΔEH IRONMAN® 70.3® Marathon, Greece	Nea Makri Beach
19:00 - 20:00	Slot Allocation IRONMAN 70.3 World Championship	Nea Makri Beach

Attention Rules

- Assisting an athlete is strictly forbidden (puncture, refueling, etc.)
- It is not allowed to follow an athlete (run with him, follow him on a bike, etc.)
- It is strictly forbidden to cross the finish line with an athlete, subject to disqualification!

Application IRONMAN Tracker

- Keep track of your athletes in real time and check their results with the IRONMAN Tracker application. Click and download the app.



Come and join the party!

- Join us from Friday October 18th to Sunday October 20th at the **IRONMAN Village at Nea Makri beach**  to immerse yourself in the IRONMAN atmosphere and discover a variety of activities for all ages in the zone.



Course Maps



Click [here](#) or scan to
download courses

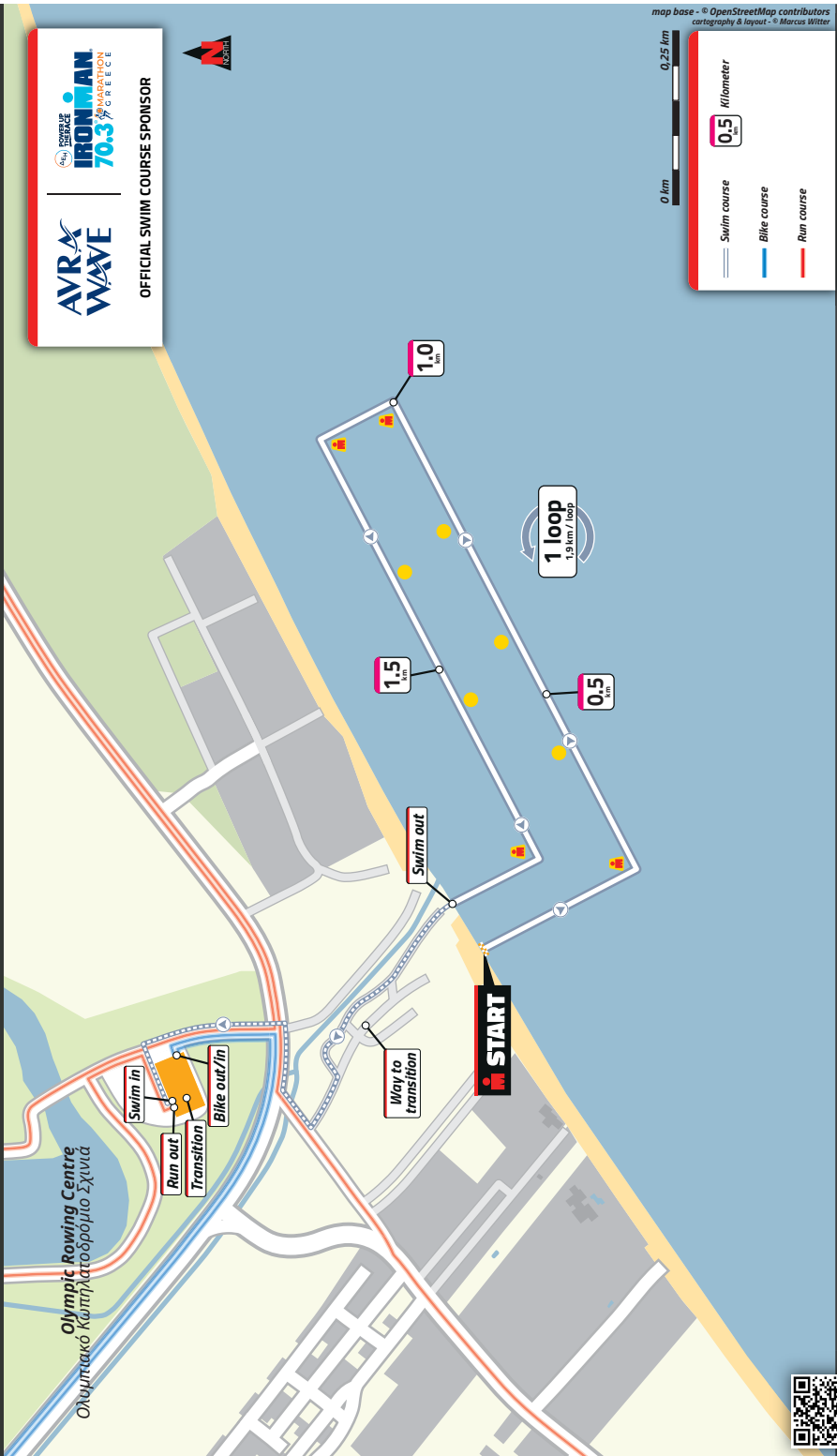


Click [here](#) or scan to find all
the locations of race week to
support your champion in the
interactive google map

Ολυμπιακό Κέντρο
 Κατασπορισμού Σχολιά



OFFICIAL SWIM COURSE SPONSOR



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 cartography & layout - © Marcus Witter

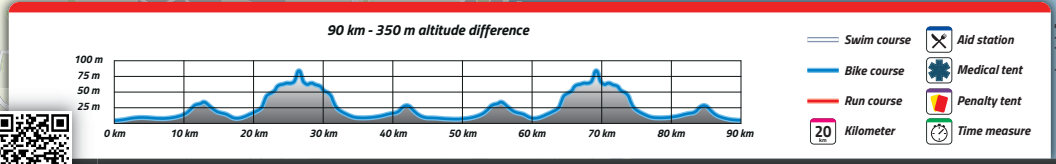
0.5 Kilometer

- Swim course
- Bike course
- Run course



ΔΕΗ | POWER UP THE RACE
IRONMAN
70.3 MARATHON
 GREECE

OFFICIAL BIKE COURSE SPONSOR



© IRONMAN

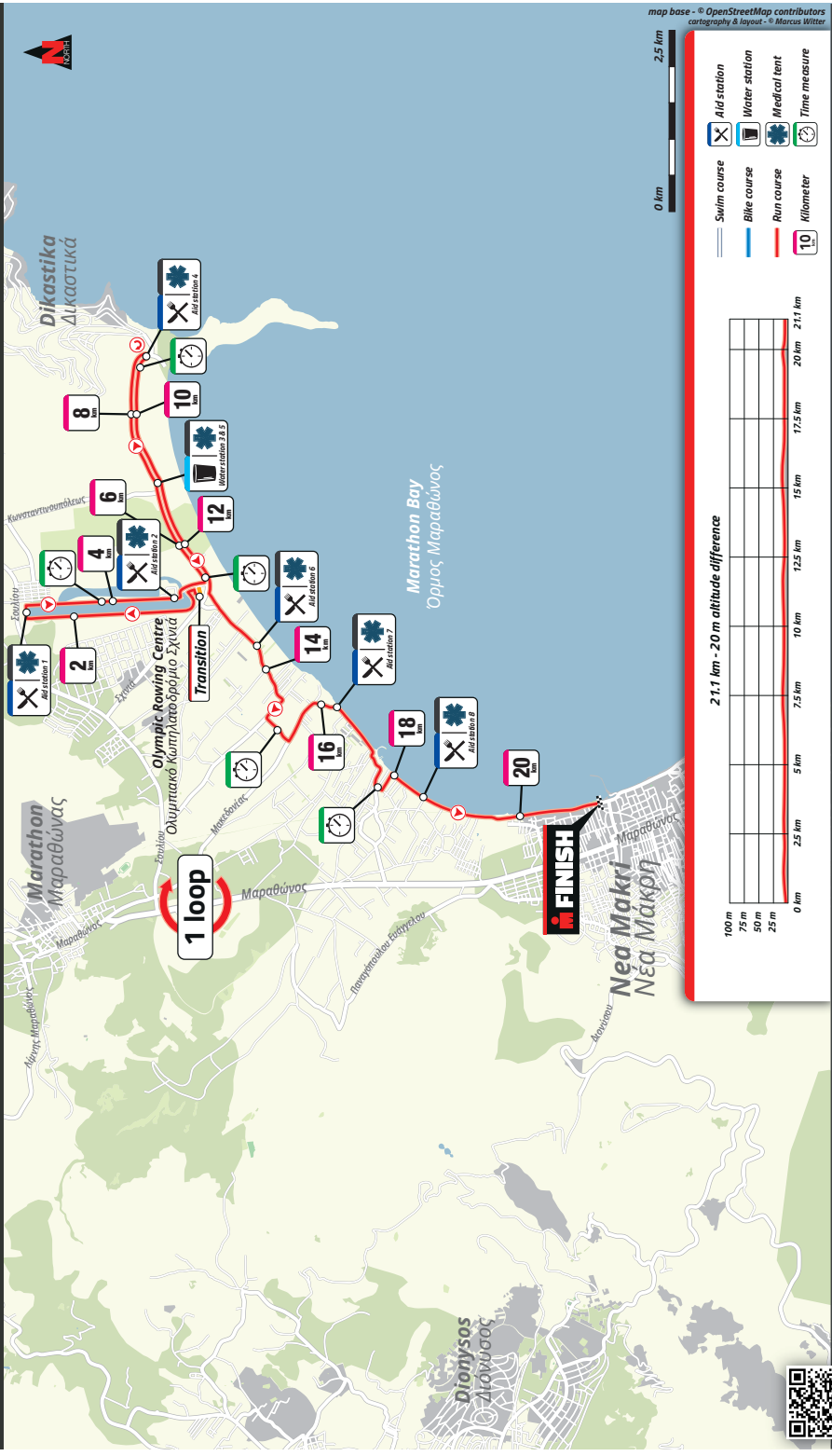
status 31.07.2024

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RUN COURSE

1 loop
 course distance - 21.1 km



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status 3.0.09.2024

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SPECTATOR HOT SPOTS

Make some noise along the course to boost your athlete in the spectator areas.



Swim Course

Hot spot: Swim start, Moraitis Beach [📍](#)

Bike Course

Hot spot: Transition Zone (Schinias Olympic Rowing Center) [📍](#)
Nea Makri Town Hall [📍](#)

To avoid disturbing the athletes, please keep to the side of the road.

Run course

Hot spot: Finish line, Nea Makri [📍](#)

Join the Finish Line Party, take a seat at the spectators stand and cheer on the proud (and tired) Finishers!

TRANSPORTATION

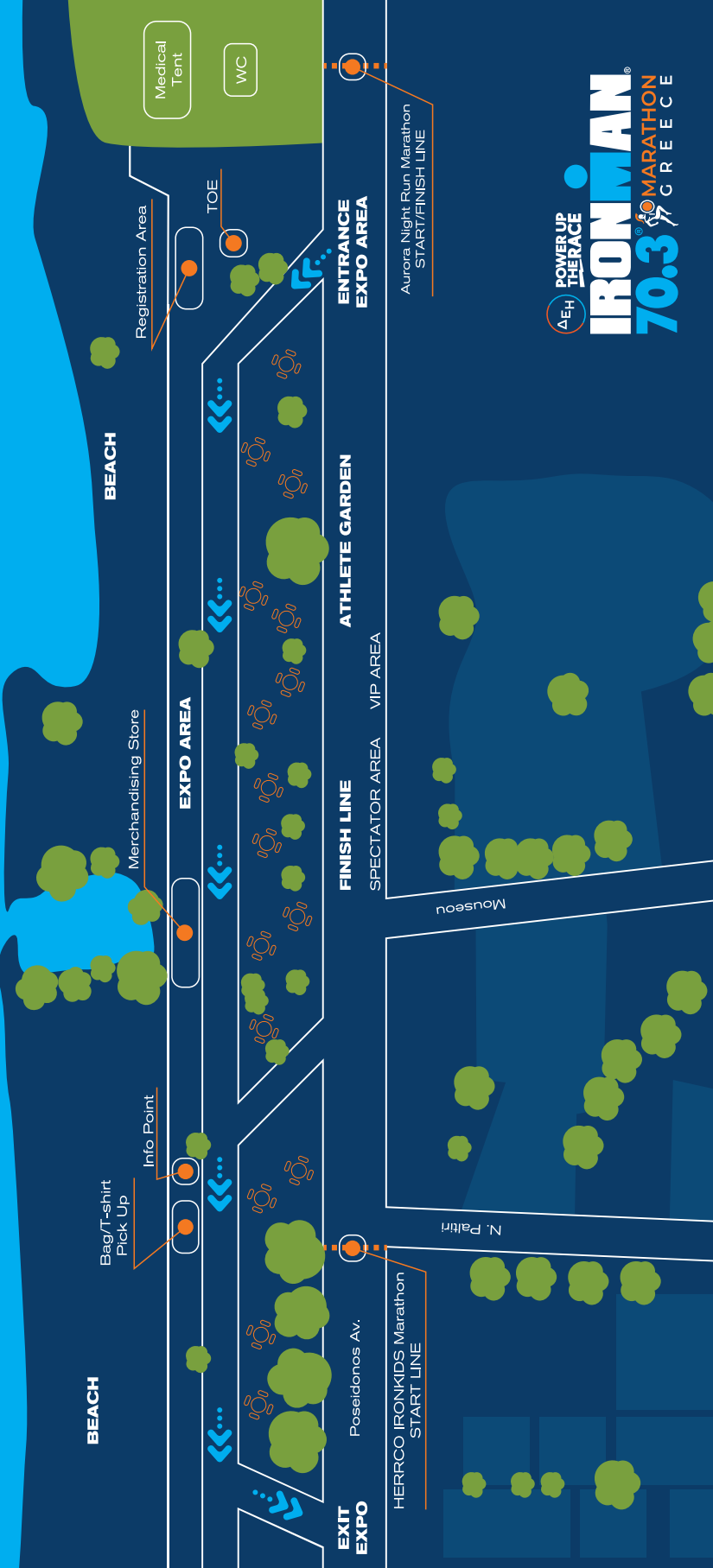
(Shuttles & Parking)

- You are encouraged to park at Nea Makri and take the shuttle bus to the swim start.
- Only spectators registered by the athletes they accompany will be allowed to board the shuttles.
- Shuttles will return spectators from Moraitis Beach to Nea Makri at **09:10**.
- Please note that between **10:00 and 14:00** the roads from Schinias Beach to Nea Makri will be entirely closed to vehicles.
- If you wish to take your own vehicle you will be able to park at the local roads of Schinias with the exception of Poseidonos Avenue where parking is strictly forbidden.



IRONMAN VILLAGE

NEA MAKRI BEACH



Schinias Beach



- P1** Entrance Allowed till 6:15
Exit Allowed after 14:15
- P2** Reserved Parking for VIP, Staff & Volunteers
Entrance Allowed till 7:00
Exit Allowed between 09:45 - 10:15
- P3** Entrance Allowed till 7:00
Exit Allowed after 14:00
- P4** Reserved Parking for 4:18.4 & Ironman 70.3 RELAY Athletes
Entrance Allowed till 7:00
Exit Allowed till 10:15
- P5** Free Parking for visitors
Exit Allowed till 10:15
- P** No parking allowed on Posidonos Av. & Schinia Av.

Olympic Rowing Centre

Official Bike Service

P1 FREE PARKING

TRANSITION ZONE

P5 FREE PARKING FOR VISITORS

Shuttle Bus Stop

ENTER TO SWIM START AREA

P4 RESERVED PARKING FOR ATHLETES

P2 RESERVED PARKING FOR STAFF & VOLUNTEERS

SWIM OUT

SWIM START

MORAITIS BEACH

Schinia Av.

Posidonos Av.

Kristallii

Finiken

Galezias Aktis

Eftterpis

Athletes Rise, Fans Inspire!



Please visit

www.welovemarathon.gr 

and plan a total
"Marathon"
experience.